



October 2015 Holly Heights Elementary Menu MILLVILLE PUBLIC SCHOOLS



Student Lunch Price \$2.90

All entrees are offered with choice of assorted fresh or canned fruit and/or vegetable sides and a choice of skim low fat & fat free milk.

Reminder

You may view recent transactions and place money on your student's lunch account by visiting: www.myschoolbucks.com

Monday	Tuesday	Wednesday	Thursday	Friday
Menu is Subject to Change All Bread Served is Whole Grain or Whole Grain Rich	Fresh Fruit Available Daily 	 Choose MyPlate.gov	1 Chicken Patty on WG Bun French Fries Seasoned Carrots Fresh Fruit A	2 Cheese Pizza Seasoned Spinach Orange Smiles B
5 Chicken Nuggets Dinner Roll Whole Kernel Corn Savory Baked Beans Mixed Fruit C	6 Cheesesteak on WG Roll French Fries Green Beans Chilled Fruit D	7 WG Pancakes w/Syrup Sausage Patty Hash Brown Applesauce E	8 WG Pasta w/ Meat Sauce Dinner Roll Garden Salad Chilled Fruit A	9 STAFF Development Day
12 COLUMBUS DAY	13 Hamburger/ Cheeseburger on a WG Bun Potato Wedges Green Beans Chilled Fruit B	14 Popcorn Chicken Dinner Roll Whole Kernel Corn Chilled Fruit C	15 Soft Tacos (2) WG Rice Lettuce/Tomato/ Cheddar Cheese Pinto Bean Salad Applesauce D	16 Cheese Pizza Seasoned Spinach Orange Slices E
19 Chicken Tenders Dipping Sauce Potato Smiles Green Beans Chilled Fruit A	20 "Macho Nachos" Seasoned Meat over WG Nachos Lettuce/Tomato Shredded Cheese Whole Kernel Corn B	21 Hot Dog on a WG Bun Baked Beans Chilled Fruit C	22 Hamburger/ Cheeseburger on a WG Bun French Fries Seasoned Carrots Chilled Fruit D	23 Cheese Pizza Tossed Salad Orange Smiles E
26 "Popcorn Chicken Bowl" Popcorn Chicken Mashed Potatoes w/Gravy Whole Kernel Corn Chilled Fruit A	27 Corn Dogs Spiral Fries Three Bean Salad Chilled Fruit B	28 French Toast w/ Syrup Sausage Hash Brown Fresh Fruit C	29 Meatball Sub French Fries Green Beans Chilled Fruit D	30 Cheese Pizza Seasoned Spinach Orange Smiles E

Entrée Alternates

Looking for something different? Choose from the following as your hot OR cold entrée. All selections are offered with a choice of 2 sides from the daily hot veggie, chilled fruit, or fresh fruit and a LF/FF Milk.



Wk Oct 1-2
 Hot Dog On WG Bun
 PB&J Sandwich
 Chef Salad

Wk of Oct 5-9
 Cereal Fun Lunch
 PB&J Sandwich
 Egg Salad Sandwich
 Garden Salad W/ Cheese

Wk of Oct 12-16
 Cheeseburger on WG Bun
 Ham and Cheese Hoagie
 Tuna Salad Sandwich
 Chicken Caesar Salad

Week of Oct 19-23
 Cheese Pizza
 Egg Salad Sandwich
 Chef Salad

Week of Oct 26-30
 Cheeseburger on WG Bun
 PB&J Sandwich
 Garden Salad



PLEASE DON'T FORGET TO HAND IN YOUR LUNCH APPLICATION

"This institutions an equal opportunity provider". "El USDA es un proveedor y empleador que ofrece igualdad de oportunidades".
 The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250