



October 2016 Silver Run Elementary Menu MILLVILLE PUBLIC SCHOOLS



Student Lunch Price \$2.90

All entrees are offered with choice of assorted fresh or canned fruit and/or vegetable sides and a choice of skim low fat & fat free milk.

Reminder

You may view recent transactions and place money on your student's lunch account by visiting: www.myschoolbucks.com

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Patty on WG Bun Sweet Potatoes Chilled Fruit D	4 Macho Nachos Seasoned Meat over WG Nachos Cheddar Cheese Cut Corn Assorted Fruit E	5 Sticker Day! Cheesesteak on WG Bun French Fries Fruit A	6 Cheese Pizza Tossed Romaine Salad Three Bean Salad Orange Smiles B	7 STAFF DEVELOPMENT DAY NO SCHOOL
10 COLUMBUS DAY NO DCHOOL	11 Meatball Hoagie on WG Bun Seasoned Spinach Chilled Fruit C	12 Sticker Day! Popcorn Chicken WG Dinner Roll Chilled Pears Peas D	13 French Toast Sticks/ Syrup Sausage Hash Brown Orange Juice E	14 Cheese Pizza Tossed Romaine Salad Seasoned Carrots Orange Smiles A
17 Chicken Nuggets Seasoned Carrot Coins Chilled Applesauce B	18 Pizza Crunchers Tossed Garden Salad Assorted Fruit C	19 Sticker Day! Hot Dog Macaroni and Cheese Baked Beans Chilled Peaches D	20 Chicken Tenders French Fries WG Dinner Roll Green Beans E	21 Cheese Pizza Tossed Garden Salad Orange Smiles A
24 Popcorn Chicken WG Dinner Roll Seasoned Carrots Assorted Fruit B	25 Mozzarella Sticks Tomato Soup Spinach Assorted Fruit C	26 Sticker Day! Teriyaki Chicken WG Rice Broccoli Fortune Cookie D	27 Cheeseburger on WG Bun Cheesy Fries Assorted Fruit E	28 Cheese Pizza Tossed Romaine Salad Three Bean Salad Orange Smiles A
31 Chicken Nuggets Seasoned Carrots WG Dinner Roll Chilled Fruit B				

Entrée Alternates

Looking for something different?

Choose from the following as your hot OR cold entrée. All selections are offered with a choice of 2 sides from the daily hot veggie, chilled fruit, or fresh fruit and a LF/FF Milk.



Week of Oct 3-7
Ham & Cheese Sandwich
PB&J Sandwich
Chef Salad

Week of Oct 10-14
Pepperoni and cheese on Pretzel Bun
PB&J Sandwich
Garden Salad W/ Cheese

Week of Oct 17-21
Cheeseburger on WG Bun
PB&J Sandwich
Chicken Caesar Salad

Week of Oct. 24-28
Hot Dog on WG Bun
PB&J Sandwich
Tuna Sandwich



*MENU IS SUBJECT TO CHANGE.

All Breads/Grains served are Whole Grain or Whole Grain Rich

“This institutions an equal opportunity provider”. “El USDA es un proveedor y empleador que ofrece igualdad de oportunidades”.
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