



MILLVILLE PUBLIC SCHOOLS
MEMORIAL HIGH SCHOOL LUNCH MENU
SEPTEMBER 2015



A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dishes, and a choice of milk. Milk choices include skim milk, 1% white and skim chocolate. School lunches offer students the opportunity to create a meal from a variety of food groups.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>REMINDER</u> Please turn in your completed lunch application as soon as possible</p>	<p>Fresh Fruit Available Daily</p> 	<p>Burger Bar Sautéed (2) Onions/Peppers/Mushrooms Lettuce and Tomato French Fries Green Beans</p>	<p>Nacho Bar (3) Lettuce/Tomato/Cheddar Cheese/ Sour Cream/Salsa Whole Grain Fiesta Rice Corn</p>	<p>Pizzeria Style Pizza (4) Tossed Romaine Salad Garbanzo Bean Salad Fresh Fruit Fries</p>
<p>SCHOOL CLOSED (7)</p>	<p>Cheese Steak Bar (8) Sautéed Onions/Peppers/Mushrooms Lettuce and Tomato French Fries Seasoned Carrots</p>	<p>Chicken Fajita's (9) Peppers, Onions, Salsa, Cheddar Cheese/ Sour Cream Whole Grain Fiesta Rice Green Beans</p>	<p>"Chicken Bowl" (10) Popcorn Chicken Over Mashed Potatoes/Gravy/ Cheddar Cheese and Corn 100% Fruit Juice Cup</p>	<p>Buffalo Pizza or Plain Pizza (11) Tossed Romaine Salad Fries Seasoned Peas Fresh Fruit</p>
<p>Chicken Cheese Steak (14) Fries Spinach Homemade Three Bean Salad</p>	<p>Meatball Sandwich (15) French Fries Tossed Romaine Salad Peas</p>	<p>Chicken Parmesan (16) Over Pasta or on a Bun Steamed Broccoli Fresh Fruit</p>	<p>Nacho Bar (17) Lettuce/Tomato/Cheddar Cheese/ Sour Cream/Salsa Whole Grain Fiesta Rice Corn</p>	<p>Toasted Cheese Sandwich (18) Tomato Soup Fries Carrots</p>
<p>Chicken Fajita's (21) Peppers, Onions, Salsa, Cheddar Cheese/ Sour Cream Whole Grain Fiesta Rice Corn</p>	<p>Homemade Baked Ziti with (22) Meatballs Tossed Romaine Salad Homemade Three Bean Salad Green Beans</p>	<p>Popcorn Chicken or Chicken Tenders (23) Mash Potatoes With Gravy Peas Dinner Roll</p>	<p>Homemade Sloppy Joe (24) On A Kaiser Roll Homemade Macaroni And Cheese Spinach</p>	<p>Buffalo Pizza or Plain Pizza (25) Tossed Romaine Salad Fries Carrots</p>
<p>Chicken Cheese Steak (28) Lettuce and Tomato French Fries Steamed Broccoli</p>	<p>Burger Bar Sautéed (29) Onions/Peppers/Mushrooms Lettuce and Tomato French Fries Seasoned Carrots</p>	<p>Hot Ham And Cheese (30) On A Pretzel Bun Tomato Soup Fries Green Beans</p>	<p>Millville Public Schools now offers <i>Myschoolbucks.com</i> an online payment and cafeteria information source.</p>	

ALTERNATE ENTRÉE: ASSORTED COLD SANDWICHES, SALADS, SUBS, PEANUT BUTTER & JELLY SANDWICHES
TURKEY PEPPERONI OR TURKEY HAM AND CHEESE ON A PRETZEL BUN, PIZZA, CHICKEN PATTIES

Fresh Fruit and 100% Fruit Juice Offered Daily Based on Availability

LUNCH PRICE \$3.00, \$.40 Reduced*, Free*(If Qualified)

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