



## October 2016 Rieck Avenue Elementary Menu MILLVILLE PUBLIC SCHOOLS



Student Lunch Price \$2.90

All entrees are offered with choice of assorted fresh or canned fruit and/or vegetable sides and a choice of skim low fat & fat free milk.

Reminder

You may view recent transactions and place money on your student's lunch account by visiting: [www.myschoolbucks.com](http://www.myschoolbucks.com)

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday  |
|--|---|---|--|---|
| 3<br>Chicken Patty on<br>WG Bun<br>Sweet Potatoes<br>Chilled Fruit<br><br>D            | 4<br>Macho Nachos<br>Seasoned Meat<br>over WG Nachos<br>Cheddar Cheese<br>Cut Corn<br>Assorted Fruit<br><br>E | 5<br><b>Sticker Day!</b><br>Cheesesteak on<br>WG Bun<br>French Fries<br>Fruit<br><br>A                    | 6<br>Cheese Pizza<br>Tossed Romaine<br>Salad<br>Three Bean Salad<br>Orange Smiles<br><br>B | 7<br>STAFF<br>DEVELOPMENT<br>DAY<br>NO SCHOOL   |
| 10<br>COLUMBUS DAY<br>NO<br>DCHOOL   | 11<br>Meatball Hoagie<br>on WG Bun<br>Seasoned<br>Spinach<br>Chilled Fruit<br><br>C                           | 12<br><b>Sticker Day!</b><br>Popcorn Chicken<br>WG Dinner Roll<br>Chilled Pears<br>Peas<br><br>D          | 13<br>French Toast<br>Sticks/ Syrup<br>Sausage<br>Hash Brown<br>Orange Juice<br><br>E      | 14<br>Cheese Pizza<br>Tossed Romaine<br>Salad<br>Seasoned Carrots<br>Orange Smiles<br><br>A |
| 17<br>Chicken Nuggets<br>Seasoned Carrot<br>Coins<br>Chilled Applesauce<br><br>B       | 18<br>Pizza Crunchers<br>Tossed Garden<br>Salad<br>Assorted Fruit<br><br>C                                    | 19<br><b>Sticker Day!</b><br>Hot Dog<br>Macaroni and<br>Cheese<br>Baked Beans<br>Chilled Peaches<br><br>D | 20<br>Chicken Tenders<br>French Fries<br>WG Dinner Roll<br>Green Beans<br><br>E            | 21<br>Cheese Pizza<br>Tossed Garden<br>Salad<br>Orange Smiles<br><br>A                      |
| 24<br>Popcorn Chicken<br>WG Dinner Roll<br>Seasoned Carrots<br>Assorted Fruit<br><br>B | 25<br>Mozzarella<br>Sticks<br>Tomato Soup<br>Spinach<br>Assorted Fruit<br><br>C                               | 26<br><b>Sticker Day!</b><br>Teriyaki Chicken<br>WG Rice<br>Broccoli<br>Fortune Cookie<br><br>D           | 27<br>Cheeseburger on<br>WG Bun<br>Cheesy Fries<br>Assorted Fruit<br><br>E                 | 28<br>Cheese Pizza<br>Tossed Romaine<br>Salad<br>Three Bean Salad<br>Orange Smiles<br><br>A |
| 31<br>Chicken Nuggets<br>Seasoned Carrots<br>WG Dinner Roll<br>Chilled Fruit<br><br>B  |                            |   |         |   |

### Entrée Alternates

Looking for something different?

Choose from the following as your hot OR cold entrée. All selections are offered with a choice of 2 sides from the daily hot veggie, chilled fruit, or fresh fruit and a LF/FF Milk.



**Week of Oct 3-7**  
**Ham & Cheese Sandwich**  
PB&J Sandwich  
Chef Salad

**Week of Oct 10-14**  
**Pepperoni and cheese on Pretzel Bun**  
PB&J Sandwich  
Garden Salad W/ Cheese

**Week of Oct 17-21**  
**Cheeseburger on WG Bun**  
PB&J Sandwich  
Chicken Caesar Salad

**Week of Oct. 24-28**  
**Hot Dog on WG Bun**  
PBJ Sandwich  
Tuna Sandwich



\*MENU IS SUBJECT TO CHANGE.

All Breads/Grains served are Whole Grain or Whole Grain Rich

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