



October 2016 RD Wood ELEMENTARY MENU MILLVILLE PUBLIC SCHOOLS



Student Lunch Price \$2.90
All entrees are offered with choice of assorted fresh or canned fruit and/or vegetable sides and a choice of skim low fat & fat free milk.
 Reminder

Monday	Tuesday	Wednesday	Thursday	Friday
3) Chicken Tenders Mashed Potato With Gravy Cut Corn Chilled Fruit D	4) Meatballs on a Roll Mozzarella Cheese Spinach Salad Chilled Fruit E	5) French Toast Sticks Sausage Hash Brown Assorted Juice A	6) Hot Dog on a Roll Baked Mac & Cheese Baked Beans Chilled Fruit B	7) School Closed Staff Development
10) School Closed Columbus Day	9) Cheeseburger on a Roll Lett/Tom French Fries Chilled Fruit C	11) Corn Dogs Dinner Roll Chick Pea Salad Chilled Fruit D	12) Macho Nacho W/ Ground Turkey Over W/G Rice Lett/Tom/Cheese Chilled Fruit E	13) Assorted Pizza Spinach/Romaine Salad Orange Slices A
17) Pizza Crunchers Marinara Sauce Spinach Salad Chilled Fruit B	18) Cheesesteak With or Without Cheese French Fries Baked Beans Chilled Fruit C	19) Pepperoni & Cheese on a Pretzel Bun Steamed Broccoli Chilled Fruit D	20) Hard/Soft Tacos W/Ground Turkey Over W/G Rice Lett/Tom/Cheese Chilled Fruit E	(21 Assorted Pizza Spinach/Romaine Salad Orange Slices A
24) Popcorn Chicken Dinner Roll Chick Pea Salad Chilled Fruit B	25) Rotini Pasta W/Meatballs Parmesan Cheese Spinach Salad Chilled Fruit C	26) Grilled Cheese Goldfish Pretzels Tomato Soup Chilled Fruit D	27) Macho Nacho W/ Ground Turkey Over W/G Rice Lett/Tom/Cheese Chilled Fruit E	(28 Assorted Pizza Spinach/Romaine Salad Orange Slices A
31) Chicken Patty on a Roll Lett/Tom French Fries Chilled Fruit B				
			Fresh Fruit Available Daily	

Entrée Alternates

Looking for something different?
 Choose from the following as your hot OR cold entrée. All selections are offered with a choice of 2 sides from the daily hot veggie, chilled fruit, or fresh fruit and a LF/FF Milk.



Alternate 1 will be...

Week of Oct 3-6
 $\frac{1}{2}$ PB&J -9oz Fruit Parfait

Week of Oct 9-13
 Chicken Patty on a Bun

Week of Oct 17-21
 Corn Dogs (6)

Week of Oct 24-28
 Cereal Fun Lunch

Available Daily

- PB&J Sandwich
- Tuna Sandwich
- H&C Sub
- H&C Sandwich
- Garden Salad W/Cheese
- Chef Salad W/Ham



***MENU IS SUBJECT TO CHANGE.**
All Breads/Grains served are Whole Grain or Whole Grain Rich

"This institutions an equal opportunity provider". "El USDA es un proveedor y empleador que ofrece igualdad de oportunidades".
 The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250