



# October 2016 MT Pleasant Elementary Menu

## MILLVILLE PUBLIC SCHOOLS



Student Lunch Price \$2.90

All entrees are offered with choice of assorted fresh or canned fruit and/or vegetable sides and a choice of skim low fat & fat free milk.

Reminder

You may view recent transactions and place money on your student's lunch account by visiting:

[www.myschoolbucks.com](http://www.myschoolbucks.com)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Popcorn Chicken Mashed Potatoes w/ Gravy WG Dinner Roll Corn  D	<b>4</b> Taco Tuesday 2 Hard or Soft Tacos Rice & Beans Lettuce/Tomato/ Cheese cup Fruit E	<b>5</b> Corn Dogs WG Dinner Roll Vegetarian Beans Green Beans Assorted Chilled Fruit  A	<b>6</b> Cheese Steak Hoagie on a Torpedo Roll Waffle Fries Lettuce and Tomato Assorted Chilled Fruit B	<b>7</b> <b>NO SCHOOL</b>  STAFF DEVELOPMENT DAY
<b>10</b> <b>NO SCHOOL</b>  <b>COLMBUS DAY</b>	<b>11</b> Chicken Tenders WG Dinner Roll Tater Tot Seasoned Carrots Mixed Fruit  C	<b>12</b> Hamburger or Cheeseburger on a WG roll Garden Peas Pasta Salad Applesauce  D	<b>13</b> Chicken Patty on a WG roll Spicy Curly Fries Seasoned Carrots Assorted Fruit  E	<b>14</b> "Assorted Pizza" Pepperoni, Sausage or Plain Tossed Romaine Salad w/ Garbanzo Beans Orange Smiles  A
<b>17</b> Grilled Cheese Sandwich Tomato Soup Goldfish Crackers Green Beans Assorted Fruit  B	<b>18</b> French Toast Sticks Sausage Patty Hash Brown Fruit Juice Chilled Applesauce  C	<b>19</b> Chicken Nuggets WG Dinner Roll BBQ Baked Beans Cut Corn Chilled Peaches  D	<b>20</b> <b>MACHO NACHO</b> Seasoned Beef over WG Nachos Cheddar Cheese Green Beans Pears  E	<b>21</b> "Assorted Pizza " Pepperoni ,Sausage, or Plain Steamed Broccoli w/ Cheese Oranges Wedges  A
<b>24</b> Meatball Sub on a WG Torpedo Roll French Fries Roasted Chick Peas Chilled Pears  B	<b>25</b> Corn Dogs WG Dinner Roll Baked Mac & Cheese Stewed Tomatoes Assorted Fruit  C	<b>26</b> Hamburger or Cheeseburger Sweet Potatoes Lettuce & Tomato Pineapple Tidbits  D	<b>27</b> Sausage Egg & Cheese Muffin Hash Brown Fruit Juice Chilled Peaches  E	<b>28</b> "Assorted Pizza" Pepperoni, Sausage, or Plain Tossed Romaine Salad Orange Smiles  A
<b>31</b> Chicken Tenders WG Dinner Roll Green Beans Waffle Fries Assorted Fruit  B	<b>Fresh Fruit                      Available Daily</b>  			<b>All                      Breads/Grains                      served are                      Whole Grain or                      Whole Grain                      Rich</b>

### Entrée Alternates

#### Looking for something different?

Choose from the following as your hot OR cold entrée. All selections are offered with a choice of 2 sides from the daily hot veggie, chilled fruit, or fresh fruit and a LF/FF Milk.



#### Wk of October 3-6

##### Triangle Pizza

- American Sub
- Egg Salad Sandwich
- Chef Salad
- Half PB&J Sandwich/Fruit Parfait

#### Wk of October 11-14 PB JAMMERS BAG LUNCH

- American Sub
- Tuna Salad Sandwich
- Chef Salad
- Half PB&J Sandwich/ Fruit Parfait

#### Wk of October 17-21

##### Hot Dog

- Ham & Cheese Sandwich
- American Sub
- Chicken Caesar Salad
- Half PB&J Sandwich/ Fruit Parfait

#### Wk of October 24-31

##### Chicken Patty

- Tuna Salad Wrap
- Chef Salad
- Ham & Cheese Sandwich
- Half PB&J Sandwich/ Fruit Parfait

\*MENU IS SUBJECT TO CHANGE.



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