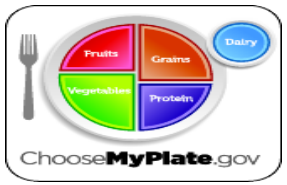
MILLVILLE PUBLIC SCHOOLS
MIDDLE AND SECONDARY SCHOOL LUNCH MENU
SEPTEMBER 2014

A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dishes, and a choice of milk. Milk choices include skim milk, 1% white and skim chocolate. School lunches offer students the opportunity to create a meal from a variety of food groups.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(1 SCHOOL CLOSED	(2 SCHOOL CLOSED	(3 SCHOOL CLOSED	(4 Nacho Bar Lettuce/Tomato/Cheddar Cheese/ Sour Cream/Salsa/ Black Sliced Olives Whole Grain Fiesta Rice Corn	(5 Pizzeria Style Pizza or Stuff Crust Pizza Tossed Romaine Salad Garbanzo Beans Sliced Watermelon
(8 Chicken Dipper Day Chicken Tenders, Spicy Tenders Or Popcorn Chicken Dinner Roll/Dipping Sauce Seasoned Spinach Fresh Pears	(9 Cheese Steak Bar Fried Onions/Peppers/Mushrooms Lettuce and Tomato French Fries Chilled Pears Fresh Plum	(10 “Chicken Bowl” Popcorn Chicken Over Mashed Potatoes/Gravy/Cheddar Cheese Corn and Cheddar Cheese 100% Fruit Juice Cup	(11 “Burger or Hot Dog Bar” Sautéed Onions, Mushrooms, Lettuce and Tomato Savory Baked Beans French Fries Seasoned Carrots	(12 Pizzeria Style Pizza or Stuff Crust Pizza Tossed Romaine Salad Broccoli Ranch Salad
(15 Nacho Bar Lettuce/Tomato/Cheese/Sour Cream/ Salsa/ Black Sliced Olives Whole Grain Fiesta Rice Corn	(16 Grilled or Breaded Chicken Patty on a Bun Ranch Or Honey Mustard Lettuce and Tomato Broccoli With Cheese Fresh Oranges	(17 Salad Bar Lunch Romaine Lettuce Blend Seasoned Chicken or Breaded Chicken Choose Your Toppings	(18 Chicken Fajita’s Peppers, Onions, Salsa, Cheddar Cheese/ Sour Cream Whole Grain Fiesta Rice Corn	(19 Pizzeria Style Pizza or Stuff Crust Pizza Tossed Romaine Salad Garbanzo Bean
(22 Chicken Parmesan With Pasta or On a Bun Seasoned Spinach Chilled Pears	(23 Toasted Cheese Sandwich Tomato Soup French Fries Chilled Mixed Fruit	(24 Brunch Lunch French Toast or Eggs Sausage Potato Puffs 100%Fruit Juice Cup	(25 Chicken Dipper Day Chicken Tenders, Spicy Tenders Or Popcorn Chicken Dinner Roll/ Dipping Sauce Seasoned Carrots	(26 Pizzeria Style Pizza or Stuff Crust Pizza Tossed Romaine Salad Garbanzo Bean
(29 Spaghetti and Meatballs Garlic Breadstick Or Meatball Sub Steamed Broccoli Fresh Apple	(30 Burger Bar Sautéed Onions, Mushrooms Lettuce/Tomato French Fries Savory Baked Beans		Millville Public Schools now offers ***Myschoolbucks.com*** an online payment and cafeteria information source.	

ALTERNATE ENTRÉE: ASSORTED COLD SANDWICHES, SALADS, SUBS, PEANUT BUTTER & JELLY SANDWICHES
TURKEY PEPPERONI OR TURKEY HAM AND CHEESE ON A PRETZEL BUN, PIZZA, CHICKEN PATTIES
Fresh Fruit and 100% Fruit Juice Offered Daily Based on Availability
LUNCH PRICE $3.00, $.40 Reduced*, Free*(If Qualified)
USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.