



# MILLVILLE PUBLIC SCHOOLS LAKESIDE MIDDLE SCHOOL LUNCH MENU NOVEMBER 2015



A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dishes, and a choice of milk.  
Milk choices include skim milk, 1% white and skim chocolate. Fresh Fruit and 100% Fruit Juice based on availability.

School lunches offer students the opportunity to create a meal from a variety of food groups.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">(2)</p> <p>Chicken Dipper Day Chicken Tenders /Popcorn Chicken/ Hot Spicy Tenders Dipping Sauce Oven Baked French Fries</p>	<p style="text-align: right;">(3)</p> <p>Pizza Crunchers or Buffalo Crunchers Seasoned Green Beans Tossed Romaine Salad Chilled Fruit 100% Fruit Juice</p>	<p style="text-align: right;">(4)</p> <p>Nacho Bar Lettuce / Tomato Cheddar Cheese Sauce Sour Cream/ Salsa Corn Chilled Fruit 100% Fruit Juice</p>	<p style="text-align: right;">(5)</p> <p style="text-align: center;">NJEA CONVENTION  SCHOOL CLOSED</p>	<p style="text-align: right;">(6)</p> <p style="text-align: center;">NJEA CONVENTION  SCHOOL CLOSED</p>
<p style="text-align: right;">(9)</p> <p>Chicken Bowl Popcorn Chicken Over Mashed Potatoes/Gravy Cheddar Cheese Corn 100% Fruit Juice</p>	<p style="text-align: right;">(10)</p> <p>Chicken Fajita's Cheddar Cheese Peppers /Onions/Sour Cream Whole Grain Fiesta Rice Corn Fruit</p>	<p style="text-align: right;">(11)</p> <p>Toasted Cheese Sandwich Tomato Soup Goldfish Crackers French Fries Chilled Fruit 100% Fruit Juice</p>	<p style="text-align: right;">(12)</p> <p>Cheese Steak Bar Oven Baked French Fries Sautéed Onions/Peppers Lettuce and Tomato Chilled Fruit !00% Fruit Juice</p>	<p style="text-align: right;">(13)</p> <p>Pizzeria Style Pizza or Stuff Crust Pizza Tossed Romaine Salad Chilled Fruit Garbanzo Bean Salad</p>
<p style="text-align: right;">(16)</p> <p>Burger Bar Sautéed Onions Lettuce and Tomato Green Beans Potato Wedges</p>	<p style="text-align: right;">(17)</p> <p>Hot Dog on a Bun Macaroni and Cheese Savory Baked Beans Chilled Fruit 100% Fruit Juice</p>	<p style="text-align: right;">(18)</p> <p>Chicken Dipper Day Chicken Nuggets /Popcorn Chicken/ Hot and Spicy Tenders Dipping Sauce Oven Baked French Fries Chilled Fruit</p>	<p style="text-align: right;">(19)</p> <p>Turkey Bowl with Stuffing/ Mashed Potatoes/Gravy Sweet Peas Cranberry Sauce Chilled Fruit 100% Fruit Juice</p>	<p style="text-align: right;">(20)</p> <p>Pizzeria Style Pizza or Stuff Crust Pizza Tossed Romaine Salad Chilled Fruit 100% Fruit Juice</p>
<p style="text-align: right;">(23)</p> <p>Chicken Parmesan or Chicken Patty on a Bun Broccoli and Cheese Lettuce and Tomato Chilled Fruit 100% Fruit Juice</p>	<p style="text-align: right;">(24)</p> <p>Burger Bar Sautéed Onions Lettuce and Tomato Green Beans/Savory Baked Beans Potato Wedges 100%Fruit</p>	<p style="text-align: right;">(25)</p> <p>Pizzeria Style Pizza or French Bread Pizza Tossed Romaine Salad Green Beans</p>	<p style="text-align: right;">(26)</p> <p style="text-align: center;">THANKSGIVING DAY</p>	<p style="text-align: right;">(27)</p> <p style="text-align: center;">THANKSGIVING RECESS</p>
<p style="text-align: right;">(30)</p> <p>Nacho Bar Lettuce / Tomato Cheddar Cheese Sauce Sour Cream/ Salsa Corn 100% Fruit Juice Fresh Fruit</p>		 <p style="text-align: center;">Choose <b>MyPlate</b>.gov</p>	<p style="text-align: center;">Try Our NEW “Grab n’ Go” Assorted Hot Sandwiches Available Every Day!!!!</p>	<p style="text-align: center;"><b>Fresh Fruit Available Daily</b></p> 

ALTERNATE ENTRÉE: ASSORTED COLD SANDWICHES, SALADS, SUBS, PEANUT BUTTER & JELLY SANDWICHES  
TURKEY PEPPERONI OR TURKEY HAM AND CHEESE ON A PRETZEL BUN, PIZZA, CHICKEN TENDERS, BUFFALO WRAPS  
LUNCH PRICE \$3.00, \$.40 Reduced\*, Free\*(If Qualified) / USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER